



SPORTSPARK

For more information or to get involved please contact:

SportsPark

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GET INVOLVED

EXERCISE | FITNESS | SPORT

SPORTSPARK

The University of Reading provides excellent sports facilities for the health and well-being of our students, and also for our sports clubs. Most of the sports facilities can be found at the SportsPark – at the heart of our campus.

Our facilities

The SportsPark offers both indoor and outdoor sports facilities including:

- 100+ station VO₂ Fitness Studio
- Large sports hall for badminton, volleyball, basketball, etc.
- Two specialist studios for dance, martial arts, yoga and pilates
- Four squash courts (including two championship glass-back courts)
- Café
- SoccerPark – three third generation synthetic five-a-side pitches
- Full-size floodlit synthetic turf pitch
- Grass pitches for rugby and football
- Floodlit grass training areas
- Grass cricket square
- Synthetic cricket wicket
- Indoor cricket nets
- TennisPark – three indoor and five outdoor floodlit court

Fitness Studio

The newly refurbished Fitness Studio is split over two levels. The ground floor is equipped with an extensive range of strength and functional training equipment while the first floor has large Cardio, Stretch and Functional areas. Combined they offer excellent training options for the novice user right through to the elite athlete. All areas are covered by Wi-Fi allowing you to easily track your exercise or listen to your music via your devices. Our state of the art Cardio equipment all have built in viewing screens and we show the latest sports, entertainment and news.

We offer a friendly, motivating and modern fitness studio helping you to lead a more active lifestyle.

SportsPark Pavilion – Bulmershe

The SportsPark Pavilion at Bulmershe provides purpose-built changing facilities for five football pitches. Bulmershe is located 1.5 miles from Whiteknights campus.

Wokingham Waterside Centre

Our canoeists are based at this modern facility located on a nearby stretch of the River Thames, providing a great opportunity to take part in this exciting sport.

Caversham Boathouse

Olympic medallists James Cracknell MBE, Debbie Flood, Richard Egington, Alex Gregory and Anna Watkins are all ex-Reading rowers, but you don't have to be an elite competitor to take part. Every year, many students take up the unique opportunity to try out rowing at the purpose-built facility on the River Thames.



How to get involved

Everyone is encouraged to take part in sport at the University of Reading whether it's casually with friends at the SportsPark, or by joining one of the student sports clubs. Students get discounted membership and activity prices at the SportsPark.

Casual use

Call in to the SportsPark and take advantage of some of the fantastic facilities on offer. Choose to work out in the gym or play tennis, badminton, squash, or five-a-side football with your friends. There are lots of activities available all year round.

Group Exercise classes

The SportsPark has the best selection of drop-in Group Exercise classes in the local area. You can choose from spin, circuits, step, box-fit, pilates, yoga, dance, zumba and many more. Our timetable offers over 100 classes every week.

Sports clubs

The University has over 50 student sports clubs which provide a warm and welcoming environment. They encourage everyone to take part, no matter what their ability. Many clubs enter the British University & Colleges Sport (BUCS) competitions.

Matches and tournaments against other universities take place on Wednesday afternoons or at the weekends. All clubs have regular training as well as an exciting social programme.

Rowing scholarships

The University of Reading is committed to the development of rowing excellence amongst its students and awards scholarships up to £5,000. To be eligible you need to satisfy the normal entry requirements for the University and demonstrate rowing excellence at regional or national level.

HAVE A LOOK AROUND

Visitors are welcomed at the SportsPark at any time. Just drop by reception and we'll show you around. If you can't make it in person, you can find out more on our website: www.sport.reading.ac.uk

More information on the Sports Federation and student clubs can be found at: www.rusu.co.uk